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# Quotes about Performance

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I don't feel right unless I have a sport to play or at least a way to work up a sweat.

- Aaron, Hank

Slumps are like a soft bed. They're easy to get into and hard to get out of.

- Bench, Johnny

I like to be against the odds. I'm not afraid to be lonely at the top. With me, it's just the satisfaction of the game. Just performance.

- Bonds, Barry

World records are only borrowed.

- Coe, Sebastian

Each honest calling, each walk of life, has its own elite, its own aristocracy based on excellence of performance.

- Connant, James B.

You only have to bat a thousand two things; flying and heart transplants. Everything else you can go 4 for five.

- Cook, Beano

It is hard to go beyond your public. If they are satisfied with cheap performance, you will not easily arrive at better. If they know what is good, and require it. you will aspire and burn until you achieve it. But from time to time, in history, men are born a whole age too soon.

- Emerson, Ralph Waldo

The greatest efforts in sports came when the mind is as still as a glass lake.

- Gallwey, Timothy

If a man or woman is born ten years sooner or later, their whole aspect and performance shall be different.

- Goethe, Johann Wolfgang Von

We never do anything well till we cease to think about the manner of doing it.

- Hazlitt, William

Do not waste a minute -- not a second -- in trying to demonstrate to others the merits of your performance. If your work does not vindicate itself, you cannot vindicate it.

- Higginson, Thomas Wentworth

The rewards are going to come, but my happiness is just loving the sport and having fun performing.

- Kersee, Jackie Joyner

If you want a high performance woman, I can go from zero to bitch in less than 2.1 seconds.

- Kraus, Krystal Ann

No matter how good you are, there's a lot of luck involved.

- Miller, Reggie

You learn you can do your best even when it's hard, even when you're tired and maybe hurting a little bit. It feels good to show some courage.

- Namath, Joe

One way to break up any kind of tension is good deep breathing.

- Nelson, Byron

Forget about style; worry about results.

- Orr, Bobby

Concentration, Confidence, Competitive urge, Capacity for enjoyment.

- Palmer, Arnold

You have to perform at a consistently higher level than others. That's the mark of a true

professional.

- Paterno, Joe

I visualize the game. I think about who I am guarding, the things he likes to do.

- Pippen, Scottie

Too aim is not enough, you must hit!

- Proverb, German

There's no such thing as coulda, shoulda, or woulda. If you shoulda and coulda, you woulda done it.

- Riley, Pat

Everyone has limits. You just have to learn what your own limits are and deal with them accordingly.

- Ryan, Nolan

Wise to resolve, patient to perform.

- Schiller, Johann Friedrich Von

Of the mental hazards, being scared is the worst. When you get scared, you get tense.

- Snead, Sam

We all choke. You're not human if you haven't.

- Strange, Curtis

Great works are done when one is not calculating and thinking.

- Suzuki, Daisetz T.

How much we like ourselves governs our performance.

- Tracy, Brian

I don't play small. You have to go out and play with what you have. I admit I used to want to be tall. But I made it in high school, college, and now the pros. So it doesn't matter.

- Webb, Spud

Do not let what you cannot do interfere with what you can do.

- Wooden, John

You can't rely just on talent to win.

- Young, Scott





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