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# Quotes about Gratitude

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Gratitude unlocks the fullness of life. It turns what we have into enough, and more. It turns denial into acceptance, chaos to order, confusion to clarity. It can turn a meal into a feast, a house into a home, a stranger into a friend. Gratitude makes sense of our past, brings peace for today, and creates a vision for tomorrow.

- Beattie, Melody

A proud man is seldom a grateful man, for he never thinks he gets as much as he deserves.

- Beecher, Henry Ward

Next to ingratitude the most painful thing to bear is gratitude.

- Beecher, Henry Ward

Gratitude is the fairest blossom which springs from the soul.

- Beecher, Henry Ward

Sometimes we need to remind ourselves that thankfulness is indeed a virtue.

- Bennett, William John

Whatever I am offered in devotion with a pure heart -- a leaf, a flower, fruit, or water -- I

accept with joy.

- Bhagavad Gita

Unto every one that hath shall be given, and he shall have abundance: but from him that hath not shall be taken away even that which he hath. &#91;Matthew&#93;

- Bible

There is a calmness to a life lived in Gratitude, a quiet joy.

- Blum, Ralph H.

Because gratification of a desire leads to the temporary stilling of the mind and the experience of the peaceful, joyful Self it's no wonder that we get hooked on thinking that happiness comes from the satisfaction of desires. This is the meaning of the old adage, Joy is not in things, it is in us.

- Borysenko, Joan

Let's choose today to quench our thirst for the good life we think others lead by acknowledging the good that already exists in our lives. We can then offer the universe the gift of our grateful hearts.

- Breathnach, Sarah Ban

Grace is available for each of us every day -- our spiritual daily bread -- but we've got to remember to ask for it with a grateful heart and not worry about whether there will be enough for tomorrow.

- Breathnach, Sarah Ban

Whatever we are waiting for -- peace of mind, contentment, grace, the inner awareness of simple abundance -- it will surely come to us, but only when we are ready to receive it with an open and grateful heart.

- Breathnach, Sarah Ban

Both abundance and lack exist simultaneously in our lives, as parallel realities. It is always our conscious choice which secret garden we will tend... when we choose not to focus on what is missing from our lives but are grateful for the abundance that's present -- love, health, family, friends, work, the joys of nature and personal pursuits that bring us pleasure -- the wasteland of illusion falls away and we experience Heaven on earth.

- Breathnach, Sarah Ban

This race is never grateful: from the first, One fills their cup at supper with pure wine,  
Which back they give at cross-time on a sponge, In bitter vinegar.

- Browning, Elizabeth Barrett

Gratitude helps you to grow and expands; gratitude brings you and laughter into your life and into the lives of all those around you.

- Caddy, Eileen

I don't like it when people on the street say smile or cheer up. It's a real cheap line. I'm feeling good. I'm feeling real grateful for everything. It's a solid time in my life. When

people say I look sad, they're wrong.

- Cage, Nicolas

Remember that not to be happy is not to be grateful.

- Carter, Elizabeth

Feeling grateful or appreciative of someone or something in your life actually attracts more of the things that you appreciate and value into your life.

- Christiane, Northrup

Gratitude is not only the greatest of virtues, but the parent of all the others.

- Cicero, Marcus T.

If a fellow isn't thankful for what he's got, he isn't likely to be thankful for what he's going to get.

- Clark, Frank A.

To remind a man of the good turns you have done him is very much like a reproach.

- Demosthenes

Reflect upon your present blessings, of which every man has plenty; not on your past misfortunes, of which all men have some.

- Dickens, Charles

It is not possible to eat me without insisting that I sing praises of my devourer?

- Dostoevsky, Fyodor

Deficiency motivation doesn't work. It will lead to a life-long pursuit of try to fix me. Learn to appreciate what you have and where and who you are.

- Dyer, Wayne

Gratitude is a twofold love -- love coming to visit us, and love running out to greet a welcome guest.

- Dyke, Henry Van

Gratitude is the inward feeling of kindness received. Thankfulness is the natural impulse to express that feeling. Thanksgiving is the following of that impulse.

- Dyke, Henry Van

Just because you like my stuff doesn't mean I owe you anything.

- Dylan, Bob

Many times a day I realize how much my own life is built on the labors of my fellowmen, and how earnestly I must exert myself in order to give in return as much as I have received.

- Einstein, Albert

I awoke this morning with devout thanksgiving for my friends, the old and new.

- Emerson, Ralph Waldo

Do not spoil what you have by desiring what you have not; but remember that what you now have was once among the things you only hoped for.

- Epicurus

Maybe the only thing worse than having to give gratitude constantly is having to accept it.

- Faulkner, William

Gratitude is one of the least articulate of the emotions, especially when it is deep.

- Frankfurter, Felix

When befriended, remember it; when you befriend, forget it.

- Franklin, Benjamin

Most people return small favors, acknowledge medium ones and repay greater ones -- with ingratitude.

- Franklin, Benjamin

Eaten bread is soon forgotten.

- Fuller, Thomas

To speak gratitude is courteous and pleasant, to enact gratitude is generous and noble, but to live gratitude is to touch Heaven.

- Gaertner, Johannes A.

Revenge is profitable, gratitude is expensive.

- Gibbon, Edward

He that has satisfied his thirst turns his back on the well.

- Gracian, Baltasar

Hope has a good memory, gratitude a bad one.

- Gracian, Baltasar

Gratitude is one of those things that cannot be bought. It must be born with men, or else all the obligations in the world will not create it.

- Halifax, Edward F.

The public have neither shame or gratitude.

- Hazlitt, William

True thanksgiving means that we need to thank God for what He has done for us, and not to tell Him what we have done for Him. -

- Hendrick, George R.

For today and its blessings, I owe the world an attitude of gratitude.

- Hodges, Clarence E.

Every professional athlete owes a debt of gratitude to the fans and management, and pays an installment every time he plays. He should never miss a payment.

- Hull, Bobby

There are minds so impatient of inferiority that their gratitude is a species of revenge, and they return benefits, not because recompense is a pleasure, but because obligation is a pain.

- Johnson, Samuel

We seldom find people ungrateful so long as it is thought we can serve them.

- La Rochefoucauld, Francois De

In most of mankind gratitude is merely a secret hope of further favors.

- La Rochefoucauld, Francois De

Do you realize what this means? The fact of being alive... I still find it staggering that I am here at all.

- Leach, Christopher

One can never pay in gratitude; one can only pay in kind somewhere else in life.

- Lindbergh, Anne Morrow

Thank God every morning when you get up that you have something to do that day, which must be done, whether you like it or not.

- Lowell, James Russell

Gratitude is the most exquisite form of courtesy.

- Maritain, Jacques

Nothing purchased can come close to the renewed sense of gratitude for having family and friends.

- Milloy, Courtland

Gratitude -- the meanest and most sniveling attribute in the world.

- Parker, Dorothy

Gratitude is the heart's memory.

- Proverb, French

Two kinds of gratitude: The sudden kind we feel for what we take; the larger kind we feel for what we give.

- Robinson, Edwin Arlington

Gratitude is a duty which ought to be paid, but which none have a right to expect.

- Rousseau, Jean Jacques

There is as much greatness of mind in acknowledging a good turn, as in doing it.

- Seneca

It is another's fault if he be ungrateful, but it is mine if I do not give. To find one thankful man, I will oblige a great many that are not so.

- Seneca

See how many are better off than you are, but consider how many are worse.

- Seneca

I hate ingratitude more in a person; than lying, vainness, babbling, drunkenness, or, any taint of vice whose strong corruption inhabits our frail blood. &#91;Twelfth Night&#93;

- Shakespeare, William

He receives comfort like cold porridge.

- Shakespeare, William

Gratitude is a sickness suffered by dogs.

- Stalin, Joseph

One ungrateful person, does an injury to all needy people.

- Syrus, Publilius

Gratitude is our most direct line to God and the angels. If we take the time, no matter how crazy and troubled we feel, we can find something to be thankful for. The more we seek gratitude, the more reason the angels will give us for gratitude and joy to exist in our lives.

- Taylor, Terry Lynn

Love is the true means by which the world is enjoyed: our love to others, and others love to us.

- Traherne, Thomas

If you pick up a starving dog and make him prosperous, he will not bite you; that is the principal difference between a dog and a man.

- Twain, Mark

Our favorite attitude should be gratitude

- Ziglar, Zig

Gratitude is the doorman's payment.

- Unknown, Source

When the insects take over the world we hope they will remember, with gratitude, how we took them along on all our picnics.

- Vaughan, Bill

God has two dwellings; one in heaven, and the other in a meek and thankful heart.

- Walton, Izaak

Gratitude is not only the memory but the homage of the heart rendered to God for his goodness.

- Willis, Nathaniel P.





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