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Quotes



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Quotes about Focus

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It is a process of diverting one's scattered forces into one powerful channel.

- Allen, James

Only when your consciousness is totally focused on the moment you are in can you receive whatever gift, lesson, or delight that moment has to offer.

- Angelis, Barbara De

Every man's life lies within the present; for the past is spent and done with, and the future is uncertain.

- Aurelius, Marcus

You must remain focused on your journey to greatness.

- Brown, Les

Our thoughts take the wildest flight: Even at the moment when they should arrange themselves in thoughtful order.

- Byron, Lord

Nothing focuses the mind better than the constant sight of a competitor who wants to wipe you off the map.

- Calloway, Wayne

You have to block everything out and be extremely focused and be relaxed and mellow too.

- Capriati, Jennifer

A person who is gifted sees the essential point and leaves the rest as surplus.

- Carlyle, Thomas

Every year of my life I grow more convinced that it is wisest and best to fix our attention on the beautiful and the good, and dwell as little as possible on the evil and the false.

- Cecil, Richard

Rather than viewing a brief relapse back to inactivity as a failure, treat it as a challenge and try to get back on track as soon as possible.

- Connors, Jimmy

If you focus on results, you will never change. If you focus on change, you will get results.

- Dixon, Jack

It is not good to have an oar in everyone's boat.

- Earl Camden

Concentration is the secret of strength in politics, in war, in trade, in short, in all the management of human affairs.

- Emerson, Ralph Waldo

The only prudence in life is concentration.

- Emerson, Ralph Waldo

Presence is more than just being there.

- Forbes, Malcolm S.

In trying to defend everything he defended nothing.

- Frederick The Great, (Frederick II)

Don't dissipate your powers; strive to concentrate them. Genius thinks it can do whatever it sees others doing, but it will surely repent of every ill-judged outlay.

- Goethe, Johann Wolfgang Von

To me, the definition of focus is knowing exactly where you want to be today, next week, next month, next year, then never deviating from your plan. Once you can see, touch and feel your objective, all you have to do is pull back and put all your strength behind it, and you'll hit your target every time.

- Jenner, Bruce

When a man knows he is to be hanged in a fortnight, it concentrates his mind wonderfully.

- Johnson, Samuel

Extended empires are like expanded gold, exchanging solid strength for feeble splendor.

- Johnson, Samuel

Concentration is the ability to think about absolutely nothing when it is absolutely necessary.

- Knight, Ray

All of us are watchers -- of television, of time clocks, of traffic on the freeway -- but few are observers. Everyone is looking, not many are seeing

- Leschak, Peter M.

Get out of the blocks, run your race, stay relaxed. If you run your race, you'll win. Channel your energy. Focus.

- Lewis, Carol

If you surrender completely to the moments as they pass, you live more richly those moments.

- Lindbergh, Anne Morrow

Determine what specific goal you want to achieve. Then dedicate yourself to its

attainment with unswerving singleness of purpose, the trenchant zeal of a crusader.

- Meyer, Paul J.

What I focus on in life is what I get. And if I concentrate on how bad I am or how wrong I am or how inadequate I am, if I concentrate on what I can't do and how there's not enough time in which to do it, isn't that what I get every time? And when I think about how powerful I am, and when I think about what I have left to contribute, and when I think about the difference I can make on this planet, then that's what I get. You see, I recognize that it's not what happens to you; it's what you do about it.

- Mitchell, W.

A matter that becomes clear ceases to concern us.

- Nietzsche, Friedrich

The immature mind hops from one thing to another; the mature mind seeks to follow through.

- Overstreet, Harry A.

Expansion means complexity and complexity decay.

- Parkinson, C. Northcote

It is better to excel in any single art than to arrive only at mediocrity in several, so moderate skill in several is to be preferred where one cannot attain to perfection in any.

- Pliny The Younger

Think of many things, do only one.

- Proverb

Often he who does too much does too little.

- Proverb, Italian

Most people have no idea of the giant capacity we can immediately command when we focus all of our resources on mastering a single area of our lives.

- Robbins, Anthony

The human mind is not rich enough to drive many horses abreast and wants one general scheme, under which it strives to bring everything.

- Santayana, George

Keep your eye on the ball and your head in the game.

- Saying

Lose not yourself in a far off time, seize the moment that is thine.

- Schiller, Johann Friedrich Von

The shortest way to do many things is to do only one thing at a time.

- Smiles, Sydney

When you walk on a court, clear your mind of everything unrelated to the goal of playing the match as well as you can.

- Smith, Stan

To succeed at the level I want to you have to be focused and serious.

- Steffes, Kent

You're a wise person if you can easily direct your attention to what ever needs it.

- Terence

Some people see more in a walk around the block than others see in a trip around the world.

- Unknown, Source

The first rule of focus is Wherever you are be there.

- Unknown, Source

The successful man is the average man, focused.

- Unknown, Source

No life ever grows great until it is focused, dedicated and disciplined.

- Unknown, Source

A well-aimed spear is worth three.

- Williams, Tad

My main focus is on my game.

- Woods, Tiger



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