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# Quotes by Roosevelt, Eleanor

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Anna Eleanor Roosevelt (October 11, 1884 – November 7, 1962) was an American human rights activist, stateswoman, journalist, educator, author, and diplomat. As the wife of President of the United States Franklin D. Roosevelt, the longest serving First Lady of the United States from 1933 to 1945. An active First Lady, she traveled around the United States promoting the New Deal and visited troops at the frontlines during World War II. She was a first-wave Feminist (but opposed the Equal Rights Amendment), and actively supported the American Civil Rights Movement.

Somewhere along the line of development we discover what we really are, and then we make our real decision for which we are responsible. Make that decision primarily for yourself because you can never really live anyone else's life, not even your own child's.

- Roosevelt, Eleanor

The future belongs to those who believe in the beauty of their dreams.

- Roosevelt, Eleanor

You have to accept whatever comes and the only important thing is that you meet it with the best you have to give.

- Roosevelt, Eleanor

All human beings have failings, all human beings have needs and temptations and stresses. Men and women who live together through long years get to know one another's failings; but they also come to know what is worthy of respect and admiration in those they live with and in themselves. If at the end one can say, This man used to the limit the powers that God granted him; he was worthy of love and respect and of the sacrifices of many people, made in order that he might achieve what he deemed to be his task, then that life has been lived well and there are no regrets.

- Roosevelt, Eleanor

You gain strength, courage, and confidence by each experience in which you really stop to look fear in the face. You are able to say to yourself, ?I have lived through this horror. I can take the next thing that comes along.? You must do the thing you think you cannot do.

- Roosevelt, Eleanor

I believe that anyone can conquer fear by doing the things he fears to do, provided he keeps doing them until he gets a record of successful experience behind him.

- Roosevelt, Eleanor

Friendship with oneself is all-important, because without it one cannot be friends with anyone else in the world.

- Roosevelt, Eleanor

A trait no other nation seems to possess in quite the same degree that we do -- namely, a

feeling of almost childish injury and resentment unless the world as a whole recognizes how innocent we are of anything but the most generous and harmless intentions.

- Roosevelt, Eleanor

Great minds discuss ideas; average minds discuss events; small minds discuss people.

- Roosevelt, Eleanor

Happiness is not a goal, it is a by-product.

- Roosevelt, Eleanor

Perhaps nature is our best assurance of immortality.

- Roosevelt, Eleanor

You must do the thing that you think you cannot do.

- Roosevelt, Eleanor

Nobody can make you feel inferior without your consent.

- Roosevelt, Eleanor

Perhaps in His wisdom the Almighty is trying to show us that a leader may chart the way, may point out the road to lasting peace, but that many leaders and many peoples must do the building.

- Roosevelt, Eleanor

The purpose of life, after all, is to live it, to taste experience to the utmost, to reach out eagerly and without fear for newer and richer experiences.

- Roosevelt, Eleanor

Life was meant to be lived, and curiosity must be kept alive. One must never, for whatever reason, turn his back on life.

- Roosevelt, Eleanor

If life were predictable it would cease to be life, and be without flavor.

- Roosevelt, Eleanor

Life must be lived and curiosity kept alive. One must never, for whatever reason, turn his back on life.

- Roosevelt, Eleanor

It is equality of monotony which makes the strength of the British Isles.

- Roosevelt, Eleanor

What one has to do usually can be done.

- Roosevelt, Eleanor

I have spent many years of my life in opposition and I like the role.

- Roosevelt, Eleanor

If we want a free and peaceful world, if we want to make the deserts bloom and man grow to greater dignity as a human being-we can do it.

- Roosevelt, Eleanor

It takes as much energy to wish as it does to plan.

- Roosevelt, Eleanor

Never allow a person to tell you no who doesn't have the power to say yes.

- Roosevelt, Eleanor

I think somehow we learn who we really are and then we live with that decision.

- Roosevelt, Eleanor

It isn't enough to talk about peace. One must believe in it. And it isn't enough to believe in it. One must work at it.

- Roosevelt, Eleanor

The reason that fiction is more interesting than any other form of literature, to those who really like to study people, is that in fiction the author can really tell the truth without humiliating himself.

- Roosevelt, Eleanor

It is not fair to ask of others what you are not willing to do yourself.

- Roosevelt, Eleanor

Understanding is a two-way street.

- Roosevelt, Eleanor

When you cease to make a contribution, you begin to die.

- Roosevelt, Eleanor

You always admire what you really don't understand.

- Roosevelt, Eleanor

One's philosophy is not best expressed in words; it is expressed in the choices one makes. In the long run, we shape our lives and we shape ourselves. The process never ends until we die. And, the choices we make are ultimately our own responsibility.

- Roosevelt, Eleanor

Do what you feel in your heart to be right. You'll be criticized anyway.

- Roosevelt, Eleanor

I think, at a child's birth, if a mother could ask a fairy godmother to endow it with the most useful gift, that gift would be curiosity.

- Roosevelt, Eleanor

Where, after all, do universal human rights begin? In small places, close to homes so close and so small that they cannot be seen on any map of the world. Yet they are the world of the individual person: the neighborhood he lives in; the school or college he attends; the factory, farm or office where he works. Such are the places where every man, woman and child seeks equal justice, equal opportunity, equal dignity without discrimination. Unless these rights have meaning there, they have little meaning anywhere. Without concerted citizen action to uphold them close to home, we shall look in vain for progress in the larger world.

- Roosevelt, Eleanor

Learn from the mistakes of others, you can't live long enough to make them all yourself.

- Roosevelt, Eleanor





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