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**Quotes**



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# Quotes by Anthony, Dr. Robert

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Hope is the expectation that something outside of ourselves, something or someone external, is going to come to our rescue and we will live happily ever after.

- Anthony, Dr. Robert

Act as if you have already achieved your goal and it is yours.

- Anthony, Dr. Robert

Waiting is a trap. There will always be reasons to wait. The truth is, there are only two things in life, reasons and results, and reasons simply don't count.

- Anthony, Dr. Robert

You were placed on this earth to create, not to compete.

- Anthony, Dr. Robert

You are wholly complete and your success in life will be in direct proportion to your ability to accept this truth about you.

- Anthony, Dr. Robert

If you don't change your beliefs, your life will be like this forever. Is that good news?

- Anthony, Dr. Robert

When you blame others, you give up your power to change.

- Anthony, Dr. Robert

Overcoming fear and worry can be accomplished by living a day at a time or even a moment at a time. Your worries will be cut down to nothing.

- Anthony, Dr. Robert

The opposite of bravery is not cowardice but conformity.

- Anthony, Dr. Robert

If you find a good solution and become attached to it, the solution may become your next problem.

- Anthony, Dr. Robert





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